## Seminar with Joe Salomone Master-Level Kung Fu & Silat Instructor

Learn from Mr. Salomone's 45 years of training in Chinese and Indonesian Tai Chi & self-defense, as brought to the US by Willem Reeders (Liu Seong) and taught by Art Sikes.

Learn concepts and principles that will improve your skills in any martial art

When: Saturday, May 19<sup>th</sup>, 2018 2:30 – 5:30 PM
Where: Lee District RECenter Fitness Studio 6601 Telegraph Rd, Alexandria VA
Fee: \$50 in advance at <u>http://kungfu-silat.com/seminar</u> \$60 at the event

> **Inst**ructor bio: Mr. Joe Salomone began his intensive training in 1973 under the late Grandmaster Art Sikes. He tested his training in the boxing ring from 1977 to 1984 and was a five-time Nevada State Golden Glove and ABF champion. In 1981, he was chosen to represent the USA in international competition while training at the US Olympic Training Center in Colorado. He earned his orange sash in 1980 and his red sash in 1994. Currently, he teaches private students around the country.

This seminar is intended for adults Questions? Contact Erik Harris <u>erik@kungfu-silat.com</u> 703-597-9645 (voice or text)





